

eGFR男女・年齢別早見表

G1+2

G3a

G3b

G4

G5

男性用

血清 Cr に基づく GFR 推算式早見表 (mL/分/1.73m²) eGFRcreat=194×Cr^{1.094}×年齢(歳)^{-0.287}

血清 Cr (mg/dL)	年齢													
	20	25	30	35	40	45	50	55	60	65	70	75	80	85
0.60	143.6	134.7	127.8	122.3	117.7	113.8	110.4	107.4	104.8	102.4	100.2	98.3	96.5	94.8
0.70	121.3	113.8	108.0	103.3	99.4	96.1	93.3	90.7	88.5	86.5	84.7	83.0	81.5	80.1
0.80	104.8	98.3	93.3	89.3	85.9	83.1	80.6	78.4	76.5	74.7	73.2	71.7	70.4	69.2
0.90	92.1	86.4	82.0	78.5	75.5	73.0	70.8	68.9	67.2	65.7	64.3	63.1	61.9	60.8
1.00	82.1	77.0	73.1	69.9	67.3	65.1	63.1	61.4	59.9	58.5	57.3	56.2	55.2	54.2
1.10	74.0	69.4	65.9	63.0	60.6	58.6	56.9	55.3	54.0	52.7	51.6	50.6	49.7	48.8
1.20	67.3	63.1	59.9	57.3	55.1	53.3	51.7	50.3	49.1	48.0	46.9	46.0	45.2	44.4
1.30	61.6	57.8	54.9	52.5	50.5	48.8	47.4	46.1	45.0	43.9	43.0	42.2	41.4	40.7
1.40	56.8	53.3	50.6	48.4	46.6	45.0	43.7	42.5	41.5	40.5	39.7	38.9	38.2	37.5
1.50	52.7	49.4	46.9	44.9	43.2	41.8	40.5	39.4	38.4	37.6	36.8	36.1	35.4	34.8
1.60	49.1	46.1	43.7	41.8	40.2	38.9	37.7	36.7	35.8	35.0	34.3	33.6	33.0	32.4
1.70	46.0	43.1	40.9	39.1	37.7	36.4	35.3	34.4	33.5	32.8	32.1	31.4	30.9	30.3
1.80	43.2	40.5	38.4	36.8	35.4	34.2	33.2	32.3	31.5	30.8	30.1	29.5	29.0	28.5
1.90	40.7	38.2	36.2	34.6	33.3	32.2	31.3	30.4	29.7	29.0	28.4	27.8	27.3	26.9
2.00	38.5	36.1	34.2	32.8	31.5	30.5	29.6	28.8	28.1	27.4	26.8	26.3	25.8	25.4
2.10	36.5	34.2	32.5	31.1	29.9	28.9	28.0	27.3	26.6	26.0	25.5	25.0	24.5	24.1
2.20	34.7	32.5	30.9	29.5	28.4	27.5	26.6	25.9	25.3	24.7	24.2	23.7	23.3	22.9
2.30	33.0	31.0	29.4	28.1	27.1	26.2	25.4	24.7	24.1	23.5	23.0	22.6	22.2	21.8
2.40	31.5	29.6	28.0	26.8	25.8	25.0	24.2	23.6	23.0	22.5	22.0	21.6	21.2	20.8
2.50	30.1	28.3	26.8	25.7	24.7	23.9	23.2	22.5	22.0	21.5	21.0	20.6	20.2	19.9
2.60	28.9	27.1	25.7	24.6	23.7	22.9	22.2	21.6	21.1	20.6	20.2	19.8	19.4	19.1
2.70	27.7	26.0	24.7	23.6	22.7	21.9	21.3	20.7	20.2	19.8	19.3	19.0	18.6	18.3
2.80	26.6	25.0	23.7	22.7	21.8	21.1	20.5	19.9	19.4	19.0	18.6	18.2	17.9	17.6
2.90	25.6	24.0	22.8	21.8	21.0	20.3	19.7	19.2	18.7	18.3	17.9	17.5	17.2	16.9
3.00	24.7	23.2	22.0	21.0	20.2	19.6	19.0	18.5	18.0	17.6	17.2	16.9	16.6	16.3
3.10	23.8	22.3	21.2	20.3	19.5	18.9	18.3	17.8	17.4	17.0	16.6	16.3	16.0	15.7
3.20	23.0	21.6	20.5	19.6	18.9	18.2	17.7	17.2	16.8	16.4	16.1	15.7	15.5	15.2
3.30	22.2	20.9	19.8	18.9	18.2	17.6	17.1	16.6	16.2	15.9	15.5	15.2	14.9	14.7
3.40	21.5	20.2	19.2	18.3	17.6	17.1	16.5	16.1	15.7	15.3	15.0	14.7	14.5	14.2
3.50	20.9	19.6	18.6	17.8	17.1	16.5	16.0	15.6	15.2	14.9	14.6	14.3	14.0	13.8
3.60	20.2	19.0	18.0	17.2	16.6	16.0	15.5	15.1	14.8	14.4	14.1	13.8	13.6	13.3
3.70	19.6	18.4	17.5	16.7	16.1	15.5	15.1	14.7	14.3	14.0	13.7	13.4	13.2	13.0
3.80	19.1	17.9	17.0	16.2	15.6	15.1	14.7	14.3	13.9	13.6	13.3	13.0	12.8	12.6
3.90	18.5	17.4	16.5	15.8	15.2	14.7	14.2	13.9	13.5	13.2	12.9	12.7	12.4	12.2
4.00	18.0	16.9	16.0	15.3	14.8	14.3	13.9	13.5	13.1	12.8	12.6	12.3	12.1	11.9

※ 酵素法で測定した Cr 値を用いてください。18 歳以上にのみ適用可能です。小児には使用できません。

男性用

血清シタチン C に基づく GFR 推算式早見表 (mL/分/1.73m²) eGFRcys=(104×Cys-C^{-1.019}×0.996^{年齢(歳)})⁻⁸

血清 Cys-C (mg/L)	年齢													
	20	25	30	35	40	45	50	55	60	65	70	75	80	85
0.60	153.5	150.3	147.2	144.1	141.1	138.1	135.2	132.4	129.6	126.9	124.2	121.6	119.0	116.5
0.70	130.1	127.3	124.6	122.0	119.4	116.9	114.4	112.0	109.6	107.3	105.0	102.7	100.5	98.4
0.80	112.5	110.1	107.8	105.5	103.2	101.0	98.8	96.7	94.6	92.6	90.6	88.7	86.7	84.9
0.90	98.9	96.7	94.7	92.6	90.6	88.7	86.8	84.9	83.0	81.2	79.5	77.7	76.0	74.4
1.00	88.0	86.1	84.2	82.4	80.6	78.8	77.1	75.4	73.8	72.1	70.6	69.0	67.5	66.0
1.10	79.1	77.4	75.7	74.0	72.4	70.8	69.2	67.7	66.2	64.7	63.3	61.9	60.5	59.1
1.20	71.7	70.1	68.6	67.1	65.6	64.1	62.7	61.3	59.9	58.6	57.2	55.9	54.7	53.4
1.30	65.5	64.0	62.6	61.2	59.8	58.5	57.1	55.9	54.6	53.3	52.1	50.9	49.8	48.6
1.40	60.1	58.8	57.4	56.2	54.9	53.6	52.4	51.2	50.0	48.9	47.8	46.6	45.6	44.5
1.50	55.5	54.2	53.0	51.8	50.6	49.4	48.3	47.2	46.1	45.0	44.0	42.9	41.9	40.9
1.60	51.5	50.3	49.1	48.0	46.9	45.8	44.7	43.7	42.7	41.6	40.7	39.7	38.8	37.8
1.70	47.9	46.8	45.7	44.6	43.6	42.6	41.6	40.6	39.6	38.7	37.7	36.8	35.9	35.1
1.80	44.7	43.7	42.7	41.7	40.7	39.7	38.8	37.8	36.9	36.0	35.2	34.3	33.5	32.6
1.90	41.9	40.9	39.9	39.0	38.1	37.1	36.3	35.4	34.5	33.7	32.8	32.0	31.2	30.5
2.00	39.4	38.4	37.5	36.6	35.7	34.9	34.0	33.2	32.4	31.5	30.8	30.0	29.2	28.5
2.10	37.1	36.2	35.3	34.4	33.6	32.8	32.0	31.2	30.4	29.6	28.9	28.2	27.4	26.7
2.20	35.0	34.1	33.3	32.5	31.7	30.9	30.1	29.4	28.6	27.9	27.2	26.5	25.8	25.1
2.30	33.1	32.3	31.5	30.7	29.9	29.2	28.4	27.7	27.0	26.3	25.6	25.0	24.3	23.7
2.40	31.3	30.6	29.8	29.0	28.3	27.6	26.9	26.2	25.5	24.8	24.2	23.6	22.9	22.3
2.50	29.7	29.0	28.3	27.5	26.8	26.1	25.5	24.8	24.1	23.5	22.9	22.3	21.7	21.1
2.60	28.3	27.5	26.8	26.1	25.5	24.8	24.1	23.5	22.9	22.3	21.7	21.1	20.5	19.9
2.70	26.9	26.2	25.5	24.9	24.2	23.6	22.9	22.3	21.7	21.1	20.6	20.0	19.4	18.9
2.80	25.6	25.0	24.3	23.7	23.0	22.4	21.8	21.2	20.6	20.1	19.5	19.0	18.4	17.9
2.90	24.4	23.8	23.2	22.5	21.9	21.3	20.8	20.2	19.6	19.1	18.5	18.0	17.5	17.0
3.00	23.3	22.7	22.1	21.5	20.9	20.3	19.8	19.2	18.7	18.2	17.6	17.1	16.6	16.1
3.10	22.3	21.7	21.1	20.5	20.0	19.4	18.9	18.3	17.8	17.3	16.8	16.3	15.8	15.4
3.20	21.3	20.8	20.2	19.6	19.1	18.5	18.0	17.5	17.0	16.5	16.0	15.5	15.1	14.6
3.30	20.4	19.9	19.3	18.8	18.2	17.7	17.2	16.7	16.2	15.7	15.3	14.8	14.4	13.9
3.40	19.6	19.0	18.5	18.0	17.5	17.0	16.5	16.0	15.5	15.0	14.6	14.1	13.7	13.3
3.50	18.8	18.2	17.7	17.2	16.7	16.2	15.7	15.3	14.8	14.4	13.9	13.5	13.1	12.6
3.60	18.0	17.5	17.0	16.5	16.0	15.5	15.1	14.6	14.2	13.7	13.3	12.9	12.5	12.1
3.70	17.3	16.8	16.3	15.8	15.4	14.9	14.4	14.0	13.6	13.1	12.7	12.3	11.9	11.5
3.80	16.6	16.1	15.7	15.2	14.7	14.3	13.8	13.4	13.0	12.6	12.2	11.8	11.4	11.0
3.90	16.0	15.5	15.0	14.6	14.1	13.7	13.3	12.8	12.4	12.0	11.6	11.2	10.9	10.5
4.00	15.4	14.9	14.5	14.0	13.6	13.1	12.7	12.3	11.9	11.5	11.1	10.7	10.4	10.0

※ 国際的標準物質に基づいた測定値を用いてください。18 歳以上にのみ適用可能です。小児には使用

女性用 血清 Cr に基づく GFR 推算式早見表 (mL/分/1.73m²) eGFRcreat=194×Cr^{1.094}×年齢(歳)^{-0.287} × 0.739

血清 Cr (mg/dL)	年齢													
	20	25	30	35	40	45	50	55	60	65	70	75	80	85
0.60	106.1	99.5	94.5	90.4	87.0	84.1	81.6	79.4	77.4	75.7	74.1	72.6	71.3	70.0
0.70	89.6	84.1	79.8	76.3	73.5	71.0	68.9	67.1	65.4	63.9	62.6	61.3	60.2	59.2
0.80	77.5	72.7	68.9	66.0	63.5	61.4	59.5	57.9	56.5	55.2	54.1	53.0	52.0	51.1
0.90	68.1	63.9	60.6	58.0	55.8	54.0	52.3	50.9	49.7	48.6	47.5	46.6	45.7	45.0
1.00	60.7	56.9	54.0	51.7	49.7	48.1	46.6	45.4	44.3	43.3	42.4	41.5	40.8	40.1
1.10	54.7	51.3	48.7	46.6	44.8	43.3	42.0	40.9	39.9	39.0	38.2	37.4	36.7	36.1
1.20	49.7	46.6	44.2	42.3	40.7	39.4	38.2	37.2	36.3	35.4	34.7	34.0	33.4	32.8
1.30	45.5	42.7	40.5	38.8	37.3	36.1	35.0	34.1	33.2	32.5	31.8	31.2	30.6	30.1
1.40	42.0	39.4	37.4	35.8	34.4	33.3	32.3	31.4	30.6	29.9	29.3	28.7	28.2	27.7
1.50	38.9	36.5	34.7	33.2	31.9	30.9	29.9	29.1	28.4	27.8	27.2	26.6	26.2	25.7
1.60	36.3	34.0	32.3	30.9	29.7	28.8	27.9	27.1	26.5	25.9	25.3	24.8	24.4	24.0
1.70	34.0	31.9	30.2	28.9	27.8	26.9	26.1	25.4	24.8	24.2	23.7	23.2	22.8	22.4
1.80	31.9	29.9	28.4	27.2	26.1	25.3	24.5	23.9	23.3	22.7	22.3	21.8	21.4	21.1
1.90	30.1	28.2	26.8	25.6	24.6	23.8	23.1	22.5	21.9	21.4	21.0	20.6	20.2	19.8
2.00	28.4	26.7	25.3	24.2	23.3	22.5	21.9	21.3	20.7	20.3	19.8	19.5	19.1	18.8
2.10	26.9	25.3	24.0	23.0	22.1	21.4	20.7	20.2	19.7	19.2	18.8	18.4	18.1	17.8
2.20	25.6	24.0	22.8	21.8	21.0	20.3	19.7	19.2	18.7	18.3	17.9	17.5	17.2	16.9
2.30	24.4	22.9	21.7	20.8	20.0	19.3	18.8	18.2	17.8	17.4	17.0	16.7	16.4	16.1
2.40	23.3	21.8	20.7	19.8	19.1	18.5	17.9	17.4	17.0	16.6	16.3	15.9	15.6	15.4
2.50	22.3	20.9	19.8	19.0	18.3	17.6	17.1	16.7	16.2	15.9	15.5	15.2	15.0	14.7
2.60	21.3	20.0	19.0	18.2	17.5	16.9	16.4	16.0	15.6	15.2	14.9	14.6	14.3	14.1
2.70	20.5	19.2	18.2	17.4	16.8	16.2	15.7	15.3	14.9	14.6	14.3	14.0	13.8	13.5
2.80	19.7	18.5	17.5	16.8	16.1	15.6	15.1	14.7	14.4	14.0	13.7	13.5	13.2	13.0
2.90	18.9	17.8	16.9	16.1	15.5	15.0	14.6	14.2	13.8	13.5	13.2	13.0	12.7	12.5
3.00	18.2	17.1	16.2	15.5	15.0	14.5	14.0	13.6	13.3	13.0	12.7	12.5	12.3	12.0
3.10	17.6	16.5	15.7	15.0	14.4	13.9	13.5	13.2	12.8	12.5	12.3	12.0	11.8	11.6
3.20	17.0	15.9	15.1	14.5	13.9	13.5	13.1	12.7	12.4	12.1	11.9	11.6	11.4	11.2
3.30	16.4	15.4	14.6	14.0	13.5	13.0	12.6	12.3	12.0	11.7	11.5	11.2	11.0	10.9
3.40	15.9	14.9	14.2	13.5	13.0	12.6	12.2	11.9	11.6	11.3	11.1	10.9	10.7	10.5
3.50	15.4	14.5	13.7	13.1	12.6	12.2	11.8	11.5	11.2	11.0	10.8	10.5	10.4	10.2
3.60	14.9	14.0	13.3	12.7	12.2	11.8	11.5	11.2	10.9	10.7	10.4	10.2	10.0	9.9
3.70	14.5	13.6	12.9	12.4	11.9	11.5	11.1	10.8	10.6	10.3	10.1	9.9	9.7	9.6
3.80	14.1	13.2	12.5	12.0	11.5	11.2	10.8	10.5	10.3	10.0	9.8	9.6	9.5	9.3
3.90	13.7	12.8	12.2	11.7	11.2	10.8	10.5	10.2	10.0	9.8	9.6	9.4	9.2	9.0
4.00	13.3	12.5	11.9	11.3	10.9	10.6	10.2	10.0	9.7	9.5	9.3	9.1	8.9	8.8

女性用 血清シスタチン C に基づく GFR 推算式早見表 (mL/分/1.73m²) eGFRcys=(104×Cys-C^{1.019}×0.996^{年齢(歳)}) × 0.929 - 8

血清 Cys-C (mg/L)	年齢													
	20	25	30	35	40	45	50	55	60	65	70	75	80	85
0.60	142.1	139.1	136.2	133.3	130.5	127.8	125.1	122.4	119.8	117.3	114.8	112.4	110.0	107.7
0.70	120.3	117.7	115.2	112.8	110.4	108.0	105.7	103.5	101.3	99.1	97.0	94.9	92.8	90.8
0.80	103.9	101.7	99.5	97.4	95.3	93.3	91.3	89.3	87.4	85.5	83.6	81.8	80.0	78.3
0.90	91.3	89.3	87.4	85.5	83.6	81.8	80.0	78.3	76.6	74.9	73.3	71.6	70.1	68.5
1.00	81.2	79.4	77.7	76.0	74.3	72.7	71.1	69.5	68.0	66.5	65.0	63.5	62.1	60.7
1.10	72.9	71.3	69.7	68.2	66.7	65.2	63.8	62.3	60.9	59.6	58.2	56.9	55.6	54.4
1.20	66.1	64.6	63.1	61.7	60.3	59.0	57.7	56.4	55.1	53.8	52.6	51.4	50.2	49.1
1.30	60.3	58.9	57.6	56.3	55.0	53.7	52.5	51.3	50.1	49.0	47.9	46.8	45.7	44.6
1.40	55.3	54.0	52.8	51.6	50.4	49.3	48.1	47.0	45.9	44.8	43.8	42.8	41.8	40.8
1.50	51.0	49.8	48.7	47.6	46.4	45.4	44.3	43.3	42.3	41.3	40.3	39.3	38.4	37.5
1.60	47.2	46.1	45.1	44.0	43.0	42.0	41.0	40.0	39.1	38.1	37.2	36.3	35.4	34.6
1.70	43.9	42.9	41.9	40.9	39.9	39.0	38.0	37.1	36.2	35.4	34.5	33.7	32.8	32.0
1.80	41.0	40.0	39.1	38.1	37.2	36.3	35.4	34.6	33.7	32.9	32.1	31.3	30.5	29.8
1.90	38.4	37.4	36.5	35.7	34.8	33.9	33.1	32.3	31.5	30.7	29.9	29.2	28.5	27.7
2.00	36.0	35.1	34.3	33.4	32.6	31.8	31.0	30.2	29.5	28.7	28.0	27.3	26.6	25.9
2.10	33.9	33.0	32.2	31.4	30.6	29.9	29.1	28.4	27.7	27.0	26.3	25.6	24.9	24.3
2.20	31.9	31.1	30.4	29.6	28.9	28.1	27.4	26.7	26.0	25.3	24.7	24.0	23.4	22.8
2.30	30.2	29.4	28.7	27.9	27.2	26.5	25.8	25.2	24.5	23.9	23.2	22.6	22.0	21.4
2.40	28.5	27.8	27.1	26.4	25.7	25.1	24.4	23.8	23.1	22.5	21.9	21.3	20.7	20.2
2.50	27.1	26.4	25.7	25.0	24.4	23.7	23.1	22.5	21.9	21.3	20.7	20.1	19.6	19.0
2.60	25.7	25.0	24.4	23.7	23.1	22.5	21.9	21.3	20.7	20.1	19.6	19.0	18.5	18.0
2.70	24.4	23.8	23.1	22.5	21.9	21.3	20.7	20.2	19.6	19.1	18.5	18.0	17.5	17.0
2.80	23.2	22.6	22.0	21.4	20.8	20.3	19.7	19.1	18.6	18.1	17.6	17.1	16.6	16.1
2.90	22.1	21.5	20.9	20.4	19.8	19.3	18.7	18.2	17.7	17.2	16.7	16.2	15.7	15.2
3.00	21.1	20.5	20.0	19.4	18.9	18.3	17.8	17.3	16.8	16.3	15.8	15.4	14.9	14.4
3.10	20.2	19.6	19.0	18.5	18.0	17.5	17.0	16.5	16.0	15.5	15.0	14.6	14.1	13.7
3.20	19.3	18.7	18.2	17.7	17.2	16.7	16.2	15.7	15.2	14.8	14.3	13.9	13.4	13.0
3.30	18.4	17.9	17.4	16.9	16.4	15.9	15.4	15.0	14.5	14.1	13.6	13.2	12.8	12.4
3.40	17.6	17.1	16.6	16.1	15.7	15.2	14.7	14.3	13.8	13.4	13.0	12.6	12.1	11.7
3.50	16.9	16.4	15.9	15.4	15.0	14.5	14.1	13.6	13.2	12.8	12.4	12.0	11.6	11.2
3.60	16.2	15.7	15.2	14.8	14.3	13.9	13.4	13.0	12.6	12.2	11.8	11.4	11.0	10.6
3.70	15.5	15.0	14.6	14.1	13.7	13.3	12.8	12.4	12.0	11.6	11.2	10.9	10.5	10.1
3.80	14.9	14.4	14.0	13.5	13.1	12.7	12.3	11.9	11.5	11.1	10.7	10.4	10.0	9.6
3.90	14.3	13.8	13.4	13.0	12.6	12.2	11.8	11.4	11.0	10.6	10.2	9.9	9.5	9.2
4.00	13.7	13.3	12.9	12.4	12.0	11.6	11.3	10.9	10.5	10.1	9.8	9.4	9.1	8.7